

## The best running/comfortable shoes

**Asics Gel Nimbus 27** The best max cushioned shoe of the year so far

- Max Cushion—Neutral Shoe. Buy at Road Runner Sports or Dick's Sporting Goods. This shoe is great for long runs or even doing some errands.



**Nike Zoom Fly 6** Max Cushion - Neutral shoe and max cushion - This is my favorite Nike running shoe on the market. It's so versatile you can use them in many different types of situations. Find these at Nike.com or Road Runner Sports.



**Brooks Ghost 16** - Mid-Level Cushion - Neutral Shoes

The Brooks Ghost 16 has been roaring with high praise. The nitrogen-infused midsole is some next-level technology that helps make the cushioning responsive. This shoe is feather light, coming in at 9.5 ounces. Even though this shoe is light, it still gives great support and comfortability that Brooks has been revolutionizing for many years. This shoe was the highest-rated shoe across many sites.



**Hoka Bondi 9** - Max Cushion—Neutral Shoe: Buy at Dick's Sporting Goods or Road Runner Sports. The Hoka Bondi 9 is a great shoe for all your needs and comes in many different colors for men and women. I'm a big fan of the breathability of this shoe.



**Saucony Peregrine 15 GTX (The best all-terrain/hiking shoes)** These shoes are absolute beasts and can withstand the hardest of bad weather. The Peregrine 15 GTX has neutral cushioning. The Peregrine 15 GTX has 5mm lugs for the best traction possible. The Peregrine 15 GTX is great to withstand rain with the Gore-Tex technology on the shoe and has a built-in forefoot rock guard for added protection. You can find these at [Roadrunnersports.com](http://Roadrunnersports.com).



### **Honorable Mention**

**Brooks Glycerin GTS 22** - Max Cushion—Neutral Shoe—Buy at Dicks or Road Runner Sports. Brooks is continuing to reign supreme in the running shoe game.

**Saucony Endorphin Speed 4** - Max Cushion—Neutral shoe The first time I put on Saucony shoes, I was blown away. They are the underdog in the game but continually raise the bar and put pressure on the other big running shoe brands.

**Nike Pegasus 41**- Mid-level Cushioned - Neutral Shoes

**On Cloud Monster 2** - Max Cushioned - Neutral Shoes

**Asics gel cumulus 27**- Mid-Level Cushioned - Neutral Shoes

**On Cloud surfer 2**- Max level cushioned - Neutral Shoes

I have yet to try the Nike Vomero 18 as of March 2025 but would be very curious how it compares.